



SNAP and Addressing Hunger

During this time of crisis, we need to make sure that families, children, seniors, and working people have access to the food they need. On March 27, 2020, in response to the global coronavirus (COVID-19) pandemic, Congress passed and the President signed the bipartisan Coronavirus Aid, Relief, and Economic Security (CARES) Act (H.R. 748).

The Supplemental Nutrition Assistance Program (SNAP) issues electronic benefits that can be used like cash to purchase food. SNAP helps low-income working people, senior citizens, the disabled, and others feed their families. The CARES Act provided \$15.5 billion for SNAP to accommodate the increased need for food stamps due to the pandemic.

Learn more to see if you are eligible and apply for SNAP here: <https://www.ny.gov/services/apply-snap>. Our local food banks can also help with this application.

Our food banks also provide nutritious and healthy foods across our region. Local food bank resources can be found by calling:

- Food Bank of the Southern Tier - (607) 796-6061
- Food Bank of Central New York - (315) 437-1899

Meals on Wheels provides nutritious home-delivered meals to help seniors and people with disabilities. You can learn more about eligibility and services available in your neighborhood by visiting <https://www.mealsonwheelsamerica.org/find-meals>.

As always, my office is here to help. If you need guidance or assistance, please call 315-732-0713.

COVID-19 is a rapidly changing public health emergency, so please consult the latest available information at [CDC.gov/coronavirus](https://www.cdc.gov/coronavirus).



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